

# MASTER SCHEDULE OF EVENTS

## TRAILS & TRILLIUMS 2019

### ESSENTIAL INFORMATION

All talks and workshops are at the [DuBose Conference Center](#), unless otherwise noted.

Trails in the South Cumberland region are what most hikers would term "rugged". Most trails, with rare exceptions, have steep gradients, narrow sections and exposed roots and rocks offering ample opportunities for tripping. Even trails marked easy have some of these elements. Hikers should prepare accordingly; wear sturdy boots, hiking poles if desired, and bring plenty of water and a high-energy snack on all hikes.

**Hike difficulty:** ◇ = Easy   ◇◇ = Moderate   ◇◇◇ = Strenuous

- **Hikes depart via carpool or car-avan from the [DuBose Conference Center](#).** Meet your hike leader at the departure area, in front of the entrance to the main building at DuBose.
- **Hike start times** indicate when the carpool or car-avan will depart from DuBose.
- **Hike end times** are when the carpool or car-avan will return to DuBose. Times are approximate, and may vary due to traffic, weather and trail conditions.
- **ALL activities have a maximum capacity**, to provide the best experience for those who are participating. In the online registration area of [the Trails and Trilliums website](#), activities are marked CLOSED when capacity for that activity is reached.
- **All activity information is subject to change without notice.**

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### FRIDAY APRIL 12

**10:00a-5:00p Hike Salamanders and Snakes: Dr. Brian Miller** 5.0 mi ◇◇◇ Limit 12.

Bring a lunch for this all-day trek into a remote and breathtaking area of the park, Collins Gulf. Dr. Miller, co-author of Tennessee Reptiles and a professor at Middle TN State University, will lead you on a 5-mile, strenuous hike with several hundred feet of elevation change. This hike will highlight the incredible diversity of salamanders, snakes, and other amphibians and reptiles found in this section of the South Cumberland. As a bonus, it is one of the best areas for viewing wildflowers on the Plateau. Tom Brown will be assisting Dr. Miller on this hike.

**11:00-11:30a Event Nature Play Area Dedication, So. Cumberland State Park Visitor Ctr.**  
*FREE. No Limit.* Map to Visitor Center: <https://goo.gl/maps/GH2DZjqBu862>

*All are invited to gather at the Visitor Center to walk to the new Nature Play Area, a project of the Friends of South Cumberland. This wooded wonderland will offer children a place to let their feet and imaginations run wild as they build forts, scale brooks, and climb trees.*

**12:30-4:00p Hike Shakerag Hollow Wildflowers: Mary Priestley** 2.0 mi ◇◇◇ Limit 24.

Shakerag Hollow is Sewanee's mecca for wildflowers, and hike leader Mary Priestley is one of the best. She is curator of the Sewanee Herbarium and author of *Sewanee Wildflowers in Watercolor*. This hike is 2 miles total, moderate-to-strenuous, with a 450-foot elevation change. You should see a great diversity of flora as you hike this fabled trail, considered one of the best wildflower areas in the Southeast. Desira and Jake Fuqua will be assisting Mary on this hike.

**1:00-3:00p** *Trails & Trilliums Hospitality Desk will be open at the DuBose Conference Center.*

**1:00-1:45p    Workshop    Paint a Watercolor Wreath: Lendon Noe    Limit 5.**

Well-known artist Lendon Noe, retired professor of art from Lambuth University and a popular presenter, will demonstrate how to paint an attractive wreath with watercolors. She will then guide you as you paint your own. Watercolor wreaths are often used to decorate greeting cards, wedding invitations, and place cards. No experience necessary. Easy and fun! Lendon will have all the necessary supplies.

**1:00-4:00p    Hike    “Deep Time” in the Fiery Gizzard: Dr. Bran Potter    3.5 mi ◇◇ Limit 12.**

Join engaging University of the South Geology professor Bran Potter for a memorable hike along the Fiery Gizzard creek. You will hike a total of 3.5 miles over very uneven, rocky terrain. Dr. Potter will explain the geology of the sandstones and shales along the trail from the parking area to the “chimneys.” He will show you evidence (folds, faults) for the collision of North America and Africa about 260 million years ago and the sedimentary environments that formed the bedrock under your feet. Doug Davenport will be assisting Dr. Potter on this hike.

**1:15-4:45p    Hike    Foster Falls Climber’s Loop: Marietta Poteet    3.0 mi ◇◇ Limit 12.**

Marietta, who has hiked every trail in the South Cumberland State Park, picked this Foster Falls trail as a favorite. The Climber’s Loop trail is 3 miles long and rated moderate. You will hike down a steep, rocky path to the base of Foster Falls and then follow a rock pathway back up to the top of the rim. Close up views of the falls and beautiful rock work are highlights of this area.

**1:45-4:00p    Hike    The New Sherwood Forest Trail: Randy Hedgepath    2.4 mi ◇◇ Limit 12.**

Take a hike with Tennessee State Naturalist Randy Hedgepath to see the newest addition to South Cumberland State Park. With the acquisition of Sherwood Forest, South Cumberland State Park officially became Tennessee’s largest state park! The additional 4,000 acres near Sewanee includes interesting rock formations and sweeping panoramic views. The hike is 2.4 miles over easy/moderate terrain. Henry Miller will be assisting Ranger Hedgepath on this hike.

**2:00-2:45p    Workshop    Paint a Watercolor Wreath: Lendon Noe    Limit 5.**

Well-known artist Lendon Noe, retired professor of art from Lambuth University and a popular presenter, will demonstrate how to paint an attractive wreath with watercolors. She will then guide you as you paint your own. Watercolor wreaths are often used to decorate greeting cards, wedding invitations, and place cards. No experience necessary. Easy and fun! Lendon will have all the necessary supplies.

**2:00-2:45p    Talk    The Secrets of Backyard Birds: Stephen Lyn Bales    Limit 30.**

A slide presentation and talk by Stephen Lyn Bales, who is a noted author and naturalist; and a storyteller. In this presentation — illustrated with his beautiful slides — you will learn fascinating information about avian courtship, mate selection, parenting and even bird divorce. Bales, the senior naturalist at Iams Nature Center in Knoxville, is the author of two books of essays on nature and one on the hunt for the Ivory Billed Woodpecker. His books will be available for purchase and signing.

**3:00-3:45p    Workshop    Paint a Watercolor Wreath: Lendon Noe    Limit 5.**

Well-known artist Lendon Noe, retired professor of art from Lambuth University and a popular presenter, will demonstrate how to paint an attractive wreath with watercolors. She will then guide you as you paint your own. Watercolor wreaths are often used to decorate greeting cards, wedding invitations, and place cards. No experience necessary. Easy and fun! Lendon will have all the necessary supplies.

**3:00p**                    *Trails & Trilliums Hospitality Desk closes.  
The DuBose Conference Center will remain open until afternoon hikes return.*

## **EVENING**

**5:30-7:00p** **Event** *Wine & Wildflowers Celebration* at the [Monteagle Inn](#). No Limit.

Join the Friends of South Cumberland in celebrating springtime in South Cumberland State Park, and support their work on behalf of the Park by attending this outstanding evening reception, featuring an exquisite selection of wines and artisanal breads and cheeses. The reception will be held in the quaint and beautiful courtyard of the Monteagle Inn (in event of rain, inside the Inn).

204 West Main St., Monteagle, TN 37356 **Map:** <https://goo.gl/maps/4E8AunLLXby>

*Online pre-registration is recommended; however, \$25 tickets may also be purchased at the Trails & Trilliums Hospitality Desk at the Dubose Conference Center, or at the door.*

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## **SATURDAY APRIL 13**

*Today's meal times at the DuBose Conference Center:*

*Breakfast available 9:00a-10:30a*

*Lunch available 11:00a-3:00p*

**7:15-9:15a** **Hike** *Early Birding on the Meadow Trail: Jim Peters* 1.3 mi ◇ Limit 12.

Dr. Peters, a University of the South professor and lifelong ornithologist, will lead the group on a short loop walk along the Meadow Trail at the State Park Visitor Center. He will bring his spotting scope to help identify the birds encountered along the way. Bring binoculars if possible. The easy, 1.3-mile trail is very flat. Lee Davenport will be assisting Dr. Peters on this hike.

**8:00a-1:30p** **Hike** *Seeing the Forest Whole: Nathaniel Mann* 3.0 mi ◇◇ Limit 12.

Tennessee Naturalist Mann selected Greeter Falls as a place for a thoughtful nature interpretation. You'll hike the Greeter Falls Loop Trail to Alum Gap Campground, a total of 3 miles, moderate-to-strenuous hiking. You will pause at multiple stops along the trail and endeavor to view the forest in a new way: as a single system. Nathaniel will help you see the process spread out before you, composed of diverse elements working together within a balanced landscape. Nathaniel will be assisted by Lucy Banks, who is knowledgeable about the Forest as therapy initiative.

**8:30a-3:00p** *Trails & Trilliums Hospitality Desk will be open at the DuBose Conference Center. Native plant sale, garden & outdoor vendors, and Friends exhibits get underway at 9 am.*

**8:30a-12:45p** **Hike** *Small Wilds Overlooks: Randy Hedgepath* 5.0 mi ◇ Limit 12.

Join our Tennessee State Naturalist for a 5-mile hike on easy terrain to view the outstanding sweeping panoramas from the overlooks of the Fiery Gizzard Trail. The hike, considered one of the best in the U.S., will start at Foster Falls and continue out to Laurel Gorge and back. Tom Brown will be assisting Ranger Hedgepath on this hike.

**8:45-11:30a** **Hike** *Shakerag Hollow Wildflower ID: Desira Fuqua* 2.0 mi ◇◇ Limit 12.

Wildflower enthusiast Desira Fuqua will lead this out-and-back hike along the famous Shakerag Hollow trail, moving at the group's pace. You will see a wide variety of spring wildflowers and get to practice using keys and apps to aid in identification. This hike is 2 miles total, moderate-to-strenuous, with a 450-foot elevation change. We suggest you download the free app, "Tennessee Wildflowers." If you have a copy of *Wildflowers of Tennessee, the Ohio Valley, and the Appalachians*, please bring it, as we will use it to practice the use of keys to identify flowers. Jake Fuqua will be assisting Desira on this hike.

**9:15-11:30a Hike Tour the Restored CCC Camp: Rob Moreland** 1.2 mi ◇ Limit 12.

Travel in time back to the mid-1930s to learn about the lives and contributions of the “CCC Boys” to the Plateau. Be among the first to tour the newly-opened Civilian Conservation Camp Interpretive Area, a project of the Friends of South Cumberland. This easy 1.2-mile round trip walk has little elevation change. Friends historians have interesting details to add to what you'll see on the interpretative signage. Moreland is the Friends' CCC Project Team Leader and principal researcher. He was named the 2018 recipient of Park Manager George Shinn's "Golden Shell Award" for outstanding volunteer service to the park.

**9:30-11:30a Hike Deer Lick Falls Wildflowers: Latham and Mary Davis** 1.2 mi ◇◇ Limit 12

Deer Lick Falls, a well known landmark with a beautiful waterfall and a great array of wildflowers, is now on property purchased by *The Retreat at Deer Lick Falls*, middle Tennessee's first Tiny Home community. The owners have graciously agreed to let us visit the nearby falls and enjoy the spring wildflowers. Latham and Mary, who are long-time hikers in the South Cumberland, will guide you on this very short hike. The path down to the falls is steep and slippery, but worth it. As soon as you begin the descent, you will be surrounded with flowers. There is also a flat bluff view trail for any who want an easier trek. You can also get information about the Resort and see a Tiny Home.

**9:45a-1:00p Hike Stone Door/Laurel Falls: Barbara Braswell** 2.0 mi ◇ Limit 12.

Tennessee Naturalist Braswell, who enjoys sharing her favorite park with others, selected a short hike at Great Stone Door. Bring a lunch for an easy 2-mile round trip out to the breathtaking overlooks at the Great Stone Door, identifying trees and wildflowers on the way. You will start on the paved trail to the Laurel Gulf overlook and use the newly installed scopes to view the surrounding area. Another short walk will open up to panoramic overlooks of the three gulfs. You can opt to hike to the bottom of the Great Stone Door on the fabled steps. Once back at the Ranger Station, you will take the short (and steep) walk down a wooden staircase to the Laurel Falls overlook to view the 25-foot waterfall. This a great hike for families and beginning hikers.

**10:00a-3:00p Event Children's Activities at the State Park Visitor Center** FREE. No Limit.

On the grounds of the South Cumberland State Park Visitor Center, we'll have a great array of kid-friendly activities, from zipline and slack-line fun, to friendly wild and farm animals the kids can touch and interact with, to pioneer re-enactment activities they can experience, to a hands-on garden, to fort-building and the new Nature Play area on the Meadow Trail, and much more! Accompany your kids or grand-kids for a great day of child-friendly fun!

11745 US Hwy 41, Monteagle, TN 37356 Map at: <https://goo.gl/maps/GH2DZjqBu862>

**11:00-11:45a Talk "Sewanee Wildflowers in Watercolor": Mary Priestley** FREE. Limit 25.

Sewanee Herbarium curator and engaging speaker Mary Priestley discusses her new book, which is a celebration of the beauty and diversity of the flowering plants of the Domain of Sewanee: the University of the South. The 13,000-acre campus is home to more than 1,100 species of plants, of which 50-or-so wildflowers are highlighted in the book. Each plant description includes a bit of natural history, as well as where and when the flowers can be seen. The books will be available for purchase and signing.

**11:15a-1:30p Hike Tour the Restored CCC Camp: Rick Dreves** 1.2 mi ◇ Limit 12

Travel in time back to the mid-1930s to learn about the lives and contributions of the “CCC Boys” to the Plateau. Be among the first to tour the newly-opened Civilian Conservation Camp Interpretive Area, a project of the Friends of South Cumberland. This easy 1.2-mile round trip has little elevation change. Friends historians have interesting details to add to what you'll see on the signage. Dreves is the interpretive writer and designer for the Friends' CCC Interpretive Area project, and chairs the Friends' Communications and Strategic Planning committees.

**12:00-12:45p** **Talk** **Ephemerality in Nature: Stephen Lyn Bales** Limit 60.

Keynote speaker Stephen Lyn Bales is a noted author and naturalist as well as a storyteller. In his presentation — illustrated with his stunning photography — he weaves together tales from all three of his books, tales that star hummingbirds, monarch butterflies, 17-year cicadas, ivory-billed woodpeckers, Appalachian pandas and freshwater jellyfish. You can grab a box lunch and bring it with you. Lunch and learn. And laugh! Bales, the senior naturalist at Iams Nature Center in Knoxville, is the author of two books of essays on nature and one on the hunt for the Ivory Billed Woodpecker. His books will be available for purchase and signing.

**1:00-1:45p** **Talk** **The Free Play/Nature Play Movement: Cumberland Wild Panel**  
FREE. Limit 50.

Panelist Joan Almon, of Baltimore and Beersheba Springs, is a longtime early childhood educator, former co-chair of the Waldorf Early Childhood Association of North America, and the Founding Director of the Alliance for Childhood. Almon maintains that child-initiated play is key to a healthy childhood. She will be joined by local educators and childhood play experts to discuss the importance of free play for children's development, the growing number of play projects that are popping up here on the Plateau, and how-tos for sustaining the movement.

**1:00-1:45p** **Workshop** **Paint a Watercolor Wreath: Lendon Noe** Limit 5.

Well-known artist Lendon Noe, retired professor of art from Lambuth University and a popular presenter, will demonstrate how to paint an attractive wreath with watercolors. She will then guide you as you paint your own. Watercolor wreaths are often used to decorate greeting cards, wedding invitations, and place cards. No experience necessary. Easy and fun! Lendon will have all the necessary supplies.

**1:15-3:30p** **Hike** **Tour the Restored Camp of CCC Company 1475: Rob Moreland**  
1.2 mi ◇ Limit 12.

Travel in time back to the mid-1930s to learn about the lives and contributions of the "CCC Boys" to the Plateau. Be among the first to tour the newly-opened Civilian Conservation Camp Interpretive Area, a project of the Friends of South Cumberland. This easy 1.2-mile round trip walk has little elevation change. Friends historians have interesting details to add to what you'll see on the interpretative signage. Moreland is the Friends' CCC Project Team Leader and principal researcher. He was named the 2018 recipient of Park Manager George Shinn's "Golden Shell Award" for outstanding volunteer service to the park.

**1:30- 4:30p** **Hike** **Foster Falls, Top to Bottom: Stephen & Cynthia Bryant**  
1.4 mi ◇◇◇ Limit 12.

This hike will showcase the fabulous 50-foot high Foster Falls from top and bottom. You will cross Little Gizzard Creek via a swinging bridge with time for swimming and creek wading if weather permits. Hikers will hunt for Little British Soldiers, watch rock climbers hang vertically, and learn to analyze water quality through the identification of aquatic species such as crawfish, scuds and salamanders. The hike to the wooden foot bridge and pool below Foster Falls includes climbing down a short rocky trail that could be considered difficult. The hike to the Climbers Wall is short with one steep section. The remainder of the trail is level and easy. Stephen is a Tennessee Naturalist and his wife Cynthia an avid hiker.

**2:00-2:45p    Workshop   Connecting Children with Nature through Fairy Lore:  
Margie Gallagher    Limit 20.**

Margie Gallagher is an artist who is fond of nature journaling, botanical watercolors, and fairy houses! Nature walks can be turned into fairy hunts and collections of natural items (leaves, acorns, feathers and lichen) for construction of fairy gardens, houses, and tree houses. Margie will demonstrate how you can construct natural fairy habitats according to the ancient rules of the Little People. Her presentation will inspire you to create your own “gnome homes” and share Margie’s ideas with the children in your life.

**2:00-2:45p    Workshop   Paint a Watercolor Wreath: Lendon Noe    Limit 5.**

Well-known artist Lendon Noe, retired professor of art from Lambuth University and a popular presenter, will demonstrate how to paint an attractive wreath with watercolors. She will then guide you as you paint your own. Watercolor wreaths are often used to decorate greeting cards, wedding invitations, and place cards. No experience necessary. Easy and fun! Lendon will have all the necessary supplies.

**2:00-2:45p    Talk    Would You Like to be a Tennessee Naturalist?: TN Naturalists Panel  
FREE. Limit 20.**

Listen to a panel of graduates from the Friends of South Cumberland's Tennessee Naturalist course. They will share favorite experiences and explain what the Tennessee Naturalist Program has meant to them. The September-to-May course (limited to 25 adults) meets monthly on Saturdays in the Monteagle & Sewanee areas. Ask questions. Learn details. The Tennessee Naturalist Program is a statewide education training course with chapters across the state, designed to provide a minimum of 40 hours of learning in geology, flora, wildlife, and many other topics. Over half of the instruction is out in the field, all presented by highly qualified educators: University of the South professors, South Cumberland park rangers, and other experts in their fields. Graduates join a corps of volunteers who provide outstanding and much-needed education, outreach, and service. More info at <https://www.friendsofsouthcumberland.org/tn-naturalist-program.html>

**2:15-4:45p    Hike    Grundy Forest Day Loop: Randy Hedgepath    2.0 mi ◇◇ Limit 12.**

Any hike with State Naturalist Hedgepath is memorable, and this is one of his favorites. The Grundy Forest Day Loop, total 2-miles, connects to the Fiery Gizzard Trail. With some of the most spectacular scenery in the South Cumberland State Park, you will pass the remains of a Great-Depression-era CCC camp (being dedicated this weekend), the beautiful Hanes Hole, several waterfalls and swimming holes, and hemlocks estimated at between 300 and 400 years old.

**2:30-4:30p    Hike    Deer Lick Falls Wildflowers: Yolande Gottfried    1.2 mi ◇◇◇ Limit 12.**

Deer Lick Falls, a well known landmark with a beautiful waterfall and a great array of wildflowers, is now on property purchased by *The Retreat at Deer Lick Falls*, middle Tennessee’s first Tiny Home community. The owners have graciously agreed to let us visit the nearby falls and enjoy the spring wildflowers. Tennessee Naturalist and wildflower expert Yolande Gottfried will guide you on this very short hike. The path down to the falls is steep and slippery, but worth it. As soon as you begin the descent, you will be surrounded with flowers. There is also a flat bluff view trail for any who want an easier trek. You can also get information about the resort and see a Tiny Home. Eric Keen and Emily Ezell will be assisting Yolande on this hike.

**3:00-3:45p**    **Workshop**    **Paint a Watercolor Wreath: Lendon Noe**    Limit 5.

Well-known artist Lendon Noe, retired professor of art from Lambuth University and a popular presenter, will demonstrate how to paint an attractive wreath with watercolors. She will then guide you as you paint your own. Watercolor wreaths are often used to decorate greeting cards, wedding invitations, and place cards. No experience necessary. Easy and fun! Lendon will have all the necessary supplies.

**3:00p**    *Trails & Trilliums Hospitality Desk, music, food, exhibits, native plant and garden sales close. The DuBose Conference Center will remain open until afternoon hikes return.*

**EVENING**

**4:00-9:00p**    **Event**    **The Trail Weekend Hootenanny** at **Baggenstoss Farms** features food, music, and fun! The event is a collaboration between the Friends of South Cumberland and the Mountain Goat Trail Alliance. Proceeds help fund trail connections between the South Cumberland State Park and the Mountain Goat Trail. *Separate admission fee: \$10.00 adults; kids free.* 518 Brawley Rd., Tracy City, TN 37387    Map at: <https://goo.gl/maps/MU4Gk6kPejk>

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**SUNDAY APRIL 14**

*Today's meal times at the DuBose Conference Center: Brunch available 10:00a-1:00p*

**10:00a-1:00p**    *Trails & Trilliums Hospitality Desk will be open at the DuBose Conference Center. Music, brunch, exhibits, native plant and garden sales will be underway.*

**8:15a-2:00p**    **Hike**    **Denny Cove Photo Safari: Deb Morgan, Jay Walker**    4.0 mi ◇◇ Limit 12

Join award-winning photographer Deb Morgan and well known nature photographer Jay Walker, host of the local TV show *Tennessee Trails with Jay Walker* on a photo safari at spectacular, remote Denny Cove. You will be treated to an amazingly varied terrain and scenery on this 4 plus mile trek, some quite rugged, but offering a fabulous array of photographic opportunities, including the awe-inspiring 70-foot Denny Falls! On the trek, you will learn valuable tips for getting the most from your cell phone or DSLR photos. The focus will be on composition and 'seeing' the photo opportunity others often miss, plus tips on getting great 'people shots' that are not "tourist-y". This hike is geared to the average person with average tools who wants to achieve a professional picture! Be prepared for rocky going: wear sturdy hiking shoes, bring your lunch, water and snacks, your smart phone and/or digital camera.

**8:30a-3:00p**    **Hike**    **Collins Gulf Wildflowers: Desira Fuqua**    5.0 mi ◇◇ Limit 12.

Join Desira, who is wild about wildflowers, for an unforgettable experience. Bring your lunch for an all-day hike that will take you to some of the most spectacular wildflowers and beautiful scenery. It is a strenuous 5-mile hike with several hundred feet of elevation change. This section of the South Cumberland State Park rivals Shakerag Hollow for the numbers and diversity of spring wildflowers. Jake Fuqua will be assisting Desira on this hike.

**9:00-9:45**    **Talk**    **My Favorite Places in South Cumberland State Park: Randy Hedgepath**    Limit 30.

Join Randy for a slide show about South Cumberland State Park. Find out about his favorite hikes and overlooks, little know waterfalls and trails. Get suggestions for your next park adventures. Understand the scope of this amazing, diverse park. Enjoy the wealth of knowledge, wit and wisdom of Tennessee's favorite ranger.

**9:00a-4:15p Hike Fiery Gizzard to Raven's Point: Marietta Poteet** 9.5 mi ◇◇ Limit 12.

Marietta, one of the Friends' most sought-after hike leaders, will guide you on a 9.5-mile, round trip hike, rated moderate to strenuous due to distance, 500-foot descents/ascents, and boulder field crossings. You will begin at Grundy Forest Pavilion and hike the Fiery Gizzard Trail to Dog Hole Trail which will loop back to Fiery Gizzard and out to Raven's Point, which affords beautiful views of the Gorge. Bring your lunch and plan to picnic along Fiery Gizzard Creek, noted for its scenic waterfalls and rock cliffs. Barbara Braswell will be assisting Marietta on this hike.

**9:15-11:30a Hike Tour the Restored Camp of CCC Company 1475: Rick Dreves**  
1.2 mi ◇ Limit 12.

Travel in time back to the mid-1930s to learn about the lives and contributions of the "CCC Boys" to the Plateau. Be among the first to tour the newly-opened Civilian Conservation Camp Interpretive Area, a project of the Friends of South Cumberland. This easy 1.2-mile round trip walk has little elevation change. Friends historians have interesting details to add to what you'll see on the signage. Dreves is the interpretive writer and designer for the CCC Interpretive Area project, and chairs the Friends' Communications and Strategic Planning committees.

**10:00-10:45a Workshop "Make a Memento" Nature Journaling: Mary Priestley** Limit 15.

Take this opportunity to learn from one of the best nature journaling teachers. Priestley, who is curator of the Sewanee Herbarium, will help you create an illustrated souvenir of the weekend in this family-friendly activity. What did you particularly enjoy – a hike? A gathering? A flower? Participants will design a simple composition around text and images, go over it in ink and/or color. Materials will be provided, but all are invited to bring memorabilia or natural objects to incorporate.

**10:30a-12:00p Hike Sewanee Natural Bridge: Randy Hedgepath** 0.5 mi ◇ Limit 12.

Visit the Sewanee Natural Bridge with Tennessee's engaging State Naturalist. A short walk will take you to a wonderful natural bridge on the edge of the Sewanee Campus. You will learn about the geology, flora, and fauna of this small natural area from one of the most expert outdoor leaders in Tennessee.

**11:00-11:45a Workshop Edible and Medicinal Plants: Emily Heid & Ritchie Wai** Limit 12.

Join Emily Heid and Ritchie Wai to learn about interesting plants of this area. They will bring samples of local edible and medicinal plants to ID while discussing their historic and modern uses. You will also learn how to make root beer from local sassafras roots. And have a tasting! Both Emily and Ritchie are South Cumberland Plateau AmeriCorps VISTA workers with a keen interest in gardening and the flora of this area.

**11:15a-1:30p Hike Tour the Restored Camp of CCC Company 1475: Rob Moreland**  
1.2 mi ◇ Limit 12.

Travel in time back to the mid-1930s to learn about the lives and contributions of the "CCC Boys" to the Plateau. Be among the first to tour the newly-opened Civilian Conservation Camp Interpretive Area, a project of the Friends of South Cumberland. This easy 1.2-mile round trip walk has little elevation change. Friends historians have interesting details to add to what you'll see on the interpretive signage. Moreland is the Friends' CCC Project Team Leader and principal researcher. He was named the 2018 recipient of Park Manager George Shinn's "Golden Shell Award" for outstanding volunteer service to the park.

**11:30a-1:30p Hike Deer Lick Falls Wildflowers: Eric Keen & Emily Ezell 1.2 mi ◇◇ Limit 12**

Deer Lick Falls, a well known landmark with a beautiful waterfall and a great array of wildflowers, is now on property purchased by *The Retreat at Deer Lick Falls*, middle Tennessee's first Tiny Home community. The owners have graciously agreed to let us visit the nearby falls and enjoy the spring wildflowers. The very short hike down to the falls is steep and slippery, but worth it. As soon as you begin the descent, you will be surrounded with flowers. There is also a flat bluff view trail for any who want an easier trek. You can also get information about the Resort and see a Tiny Home.

**12:00-12:45p Talk "Sewanee Wildflowers in Watercolor" with author Mary Priestley  
FREE. Limit 25.**

Sewanee Herbarium curator and engaging speaker Mary Priestley discusses her new book, which is a celebration of the beauty and diversity of the flowering plants of the Domain of Sewanee: the University of the South. The 13,000-acre campus is home to more than 1,100 species of plants, of which 50-or-so wildflowers are highlighted in the book. Each plant description includes a bit of natural history, as well as where and when the flowers can be seen. The books will be available for purchase and signing.

**1:00-5:00p Hike The King Farm: a Historic Place on the Plateau: Jon Evans  
1.0 mi ◇◇ Limit 12.**

Few get to experience the historic King Farm site, located in a remote corner of the 13,000-acre campus of the University of the South. Dr. Evan, a Sewanee biology professor, has arranged van transportation to allow hiker access. This 3-hour walking tour includes a mile of relatively easy walking, but some portions are off-trail. We will examine the subtle clues in the landscape (historical artifacts, plant composition, tree architecture, soil features, etc.) that provide insight into the many ways this piece of land has been used over the last 200 years. This remote tract of forest was once the site of Sewanee's first homestead, a major stagecoach hotel, a large working farm during the depression and finally a pine plantation. Tom Brown will be assisting Dr. Evans on this hike.

**1:15-3:30p Hike Tour the Restored Camp of CCC Company 1475: Rick Dreves  
1.2 mi ◇ Limit 12.**

Travel in time back to the mid-1930s to learn about the lives and contributions of the "CCC Boys" to the Plateau. Be among the first to tour the newly-opened Civilian Conservation Camp Interpretive Area, a project of the Friends of South Cumberland. This easy 1.2-mile round trip walk has little elevation change. Friends historians have interesting details to add to what you'll see on the signage. Dreves is the interpretive writer and designer for the CCC Interpretive Area project, and chairs the Friends' Communications and Strategic Planning committees.

**1:00 pm** *Trails & Trilliums Hospitality Desk, music, food, exhibits, native plant and garden sales close. The DuBose Conference Center will remain open until afternoon hikes return.*