

# TRAILS & TRILLIUMS 2020

MASTER SCHEDULE • last update February 11, 2020

## FRIDAY APRIL 17

**Hike: Salamanders and Snakes in Fiery Gizzard:  
Drs. Brian Miller & Matthew Niemiller**

**(9:00a-3:00p Fri)** 4.0 mi *Moderate/Difficult* Limit 12.

This hike will highlight the incredible diversity of salamanders, snakes, and other amphibians and reptiles found in this section of South Cumberland State Park. Matthew Niemiller is an assistant professor of ecology at University of Alabama and Brian Miller is a professor of biology at MTSU. The two co-authored *The Amphibians of Tennessee* and *The Reptiles of Tennessee*. Join them for a moderately difficult hike with a couple of hundred feet of elevation change. Bring lunch and water.

**Hike: Sherwood Forest: Seeing the Forest Whole: Nathaniel Mann**

**(11:30a-2:30p Fri)** 2.4 mi *Moderate* Limit 12.

Tennessee Naturalist Mann selected Sherwood Natural Bridge as a place for a thoughtful nature interpretation. You'll hike the Sherwood Loop Trail, a moderate-to-difficult hike. You will pause at multiple stops along the trail and endeavor to view the forest in a new way: as a single system. Nathaniel will help you see the process spread out before you, composed of diverse elements working together within a balanced landscape. Lucy Banks will assist. Bring lunch and water.

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**12:30 - 3:30 pm Friday**

**Trails & Trilliums HQ & Registration Open at the DuBose Center**

*Get information. Register for hikes and presentations (if space available).*

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**Hike: Shakerag Hollow Wildflowers: Mary Priestley & Marietta Poteet**

**(12:30-4:00p Fri)** 2mi *Moderate/Difficult* Limit 24. (Group splits in half for hike)

Shakerag Hollow is Sewanee's mecca for wildflowers, and this is their prime time! This hike is 2 miles total, moderate-to-difficult, with a 450-foot elevation change as you go from Greens View to the Sewanee gates. You will see a great diversity of flora along this fabled trail, considered one of the best wildflower areas in the Southeast. Leader Mary Priestley is curator of the Sewanee Herbarium and author of *Sewanee Wildflowers in Watercolor*. Marietta Poteet, FSC board member, is another veteran hike leader, also versed in wildflowers. She has hiked every trail in SCSP.

**Presentation: The Amazing Honey Bee: Clarence Collison**

**(1:00-1:45p Fri)** Limit 20.

Bee expert Collison will describe the biology and behaviors of the honey bee colony to explain why bees are among the most fascinating creatures on earth. Learn about the benefits of bee pollination activities on various crops and what needs to be done to protect bee populations. An Emeritus Professor of Entomology/Plant Pathology at Mississippi State, Collison has taught beekeeping, written numerous beekeeping publications and participated in many educational programs for the beekeeping community.

**Workshop: Watercolor Your Monogram: Lendon Noe**  
*(1:00-1:45p Fri) Limit 5.*

Well-known artist Lendon Noe, retired professor of art from Lambuth University and a popular presenter, will demonstrate how to create a simple floral watercolor of initials. She will then guide you as you paint your own monogram. No experience necessary. Easy and fun! Lendon will have all the necessary supplies

**Hike: Denny Cove Waterfall Trail: Randy Hedgepath**  
*(1:00-4:00p Fri) 2.4 mi Moderate/Difficult Limit 12.*

Join Randy Hedgepath, Tennessee State Naturalist, for a walk into Denny Cove. The waterfall is spectacular and the views are beautiful along this rugged trail. Good hiking footwear is a must and a walking stick or poles are recommended. The pace will be stop-and-go with lots of nature info from Tennessee's favorite ranger!

**Hike: Geology of the Fiery Gizzard: Dr. Bran Potter**  
*(1:15-4:00p Fri) 3.5 mi Moderate/Difficult Limit 12.*

Join engaging University of the South Geology professor Bran Potter for a memorable hike along the Fiery Gizzard creek. You will hike a total of 3.5 miles over very uneven, rocky terrain. Dr. Potter will explain the geology of the sandstones and shales along the trail from the parking area to the "chimneys." He will show you evidence (folds, faults) for the collision of North America and Africa about 260 million years ago and the sedimentary environments that formed the bedrock under your feet.

**Presentation: "Don't Make These Landscape Mistakes!": June Mays**  
*(2:00-2:45p Fri) Limit 25.*

Garden designer June Mays will focus on mistakes we make in our gardens. Some are funny! Some are tragic! June will provide design tips for walks, fences, walls, steps, and driveways that will make your garden beautiful and easy to maintain, and she will list plants to avoid. Since 2009, June Mays has worked as a garden designer, writer, and lecturer. After a year studying garden design at the English Gardening School in London, she has designed or consulted on over 100 gardens. A favorite presenter to garden clubs, master gardener groups and outdoor events throughout the U.S., she has written for many key publications. June lives in Birmingham with a second home in Sewanee.

**Hike: Kirby-Smith Point Overlook: Jim Poteet and Alyse Getty**  
*(2:00-4:00p Fri) 2.0 mi Easy Limit 12.*

This short and easy hike, led by naturalists Jim Poteet and Alyse Getty, is a little-visited gem. The trailhead is accessed via Clifftops but the spectacular overlook, Kirby-Smith Point, is on University property. The mostly flat, winding trail through hardwood forest crosses a creek on a footbridge. Large rock outcroppings and amazing views greet you at the overlook. This is a great option for families or those who want a short but spectacular hike, accompanied by knowledgeable leaders.

**Workshop: Watercolor Your Monogram: Lendon Noe**  
*(2:00-2:45p Fri) Limit 5.*

Well-known artist Lendon Noe, retired professor of art from Lambuth University and a popular presenter, will demonstrate how to create a simple floral watercolor of initials. She will then guide you as you paint your own monogram. No experience necessary. Easy and fun! Lendon will have all the necessary supplies.

**Presentation: "LeSueur's Journey": Ranger Bob Fulcher**  
**(3:00-3:45p Fri)** *Limit 60.*

Bob Fulcher, Manager of Cumberland Trail State Park and nationally acclaimed naturalist and folklorist, will present a unique piece of our history. In 1831, a distinguished French naturalist sketched his way across the Cumberland Mountains, from Nashville to East Tennessee. LeSueur's sketches reveal fascinating features of the Tennessee landscapes and lifeways.

Fulcher will present images of his work, kept by the American Philosophical Society, and the Le Havre Museum of Natural History in France, and explain the significance of these rarely-seen sketches. Fulcher, founder of the TN State Parks Folklife Project, spent decades preserving the stories and music of the Cumberland area and training others throughout the park system. In 2019, he was honored at the White House as a recipient of the National Heritage Fellowship, the nation's highest honor in folk and traditional arts. A sought-after speaker, he has done presentations for the Library of Congress, Smithsonian Institution, National Folk Festival and National Park Service.

**Workshop: Watercolor Your Monogram: Lendon Noe**  
**(3:00-3:45p Fri)** *Limit 5*

Well-known artist Lendon Noe, retired professor of art from Lambuth University and a popular presenter, will demonstrate how to create a simple floral watercolor of initials. She will then guide you as you paint your own monogram. No experience necessary. Easy and fun! Lendon will have all the necessary supplies.

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**4:30-5:00 pm Friday**  
**Early Bird Native Plant Sale for Volunteers only (DuBose pavilion)**

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**6:00 pm Friday**  
**Wild Azalea Gala, Sewanee Inn**  
**Information and Registration at [WildAzaleaGala.org](http://WildAzaleaGala.org)**

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## **SATURDAY APRIL 18**

**Hike: Birding on the Meadow Trail: Holly Taylor and Jim Peters**  
**(7:00-9:15a Sat)** *1.3 mi Easy Limit 12.*

Hike along with Assistant State Naturalist Holly Taylor and TN Naturalist Peters on a short and flat birding walk on the Meadow Trail at South Cumberland State Park Visitors Center. Bird watchers of all ages and abilities are welcomed. Meet at DuBose Conference Center at 7 AM to carpool to the Visitor Center for a 7:15 AM arrival. Bring binoculars if you have them.

**Hike: Sherwood Forest Loop: State Naturalist Randy Hedgepath**  
**(8:00a-12:00p Sat)** *2.4 mi Moderate Limit 12.*

Join Ranger Randy for a 2.4-mile moderate walk on one of the park's newest trails at Sherwood Forest. Wildflowers, sweeping overlooks, and interesting rock formations make this a memorable hike, and Randy is one of the most memorable hike leaders in the state.

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**8:30 am - 4:00 pm Saturday**  
**Trails & Trilliums HQ & Registration at the DuBose Center**  
**Native Plant Sale, Vendors, Music at the DuBose Pavilion**

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**Hike: Grundy Lakes History Walk: Naullain Kendrick**  
(8:30-10:30a Sat) 2.0 mi. *Easy* Limit 12.

Join Tennessee Naturalist and former FSC President Naullain Kendrick for a hike into history. Hear the fascinating story of the coal mining in this area; take a close look at the Lone Rock Coke Ovens, which are listed on the National Register for Historic Places. Learn how they were built and see remnants of the dog hole mines that were typical of local mining operations. Family friendly.

**Hike: Denny Cove Overlook and Waterfall: Tom Brown**  
(8:45a-12:15p Sat) 3.0 mi. *Moderate/Difficult* Limit 12.

Join Tom Brown, a Tennessee Naturalist who volunteers with the FSC Trail Friends' program, as you explore one of the South Cumberland's newest and most beautiful acquisitions —Denny Cove. This hike will head for the waterfall, including one of the scenic climber's trails. It offers scenic vistas of the Fiery Gizzard gulf, rocky outlooks, beautiful falls, world-class rock climbing, deep forest, and exposed outcroppings. The 3 plus-mile round trip will take about 2 hours. This hike includes areas of rock-hopping, a spray-saturated trail by the falls, and a good bit of elevation change.

**Panel Discussion: FSC's 2020 Cumberland Wild Forum:**  
**"Resilience on the Plateau"**  
(9:00-9:45a Sat) Limit 50 •FREE•

Come hear from area leaders as they discuss key challenges facing plants, animals, and people on the Plateau and efforts to meet these challenges. Resilience — the ability to "bounce back" — applies to healthy plant communities and diverse landscapes, as well as to people. To survive and thrive, all must cope with challenges of shifting conditions, changing environments. As we celebrate the 50th anniversary of Earth Day, join panelists Joel Houser of The Open Space Institute; Sally Wencel with the Tennessee Valley chapter of Wild Ones; Janet Cooper, executive director of the South Cumberland Community Fund; John Hille, president of the Friends of South Cumberland; and moderator Mary Priestley for this timely discussion. A light continental breakfast will be served. No charge but you need to pre-register.

**Hike: Tour the Restored CCC Camp at Fiery Gizzard: Rob Moreland**  
(9:15-11:30a Sat) 1.3mi *Easy* Limit 12.

Travel in time back to the mid-1930s to learn about the lives and contributions of the "CCC Boys." The Civilian Conservation Camp Interpretive Area was a 2018 project of the Friends of South Cumberland. This easy 1.2-mile round trip walk has little elevation change. Friends historian Rob Moreland, who was a principal researcher for the CCC project, will add many interesting details. Family friendly.

**Wildflower Hike: Intro to Shakerag Hollow: Dr. Richard Clements**  
(9:30a-12:00p Sat) *Easy/Moderate* 1.5mi Limit 12.

Join botanist Richard Clements to see one of the most spectacular shows of wildflowers in the Southeast. You will hike the upper portion of the Shakerag Trail, see scores of wildflowers and a waterfall, and then double back. The trail has some elevation changes but is much less challenging than the long Shakerag hike that starts at Greens View and ends at the Sewanee Gates. Dr. Clements is professor of Biology and Environmental Science at Chattanooga State.

**Hike: Foster Falls, Top to Bottom: Stephen & Cynthia Bryant**  
**(10:00a-2:30p Sat)** 1.4 mi *Moderate/Difficult* Limit 12.

Stephen and Cynthia are avid hikers and Tennessee Naturalists who truly know how to make an expedition fun! This hike will showcase the fabulous 50-foot-high Foster Falls from top and bottom. After crossing Little Gizzard Creek via a swinging bridge (with time for swimming and wading if weather permits) hikers will hunt for Little British Soldiers, watch rock climbers, and learn to analyze water quality through the identification of aquatic species. The hike below the falls includes a short rocky trail that could be considered difficult. The hike to the Climbers Wall is short with one steep section; the remainder is level and easy. Bring a picnic lunch. Family friendly.

**Presentation: Jump-Starting your Native Plant Garden**  
**with Annuals and Groundcovers: Sally Wencel**  
**(10:00-10:45a Sat)** Limit 25.

The mantra "sleep, creep and leap" is a good description for the three growing seasons it can take for your native perennials to put on a show in your garden. In the meantime, you can get off to a quicker start using native annuals and groundcovers to provide cover, color, and pollen and nectar in your new areas. Sally will present a variety of native annuals, ground covers, and perennials that are less well known. Sally is vice president of the Wild Ones Tennessee Valley Chapter, a Wild Ones national director and Master Gardener. She helped launch the Chattanooga Area Pollinator Partnership, the Certificate in Native Plants, and the Bringing Nature Home Native Plant Garden Tour.

**Workshop: Wild Wreath Workshop: Margie Gallagher and Teesha Tillis**  
**(10:00a-12:00p Sat)** Limit 10.

"Nature Welcomes Everyone!" How to make wild nature wreaths using found objects from walks in the woods. Margie and Tesha will demonstrate how to build door wreaths entirely from objects found in your yard and woods. They will have samples of winter wreaths as well as spring wreaths. Participants will be able to create their own wreath from material provided by the leaders. You may also bring natural materials to use. Margie and Tesha are local nature artists and naturalists.

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**10:30 am -2:30 pm Saturday**

**FAMILY FUN EVENTS:**

**"Connecting Children with Nature" at the DuBose Center**

**•FREE• for children and accompanying adults!**

Hands-on Wildlife (friendly turtles, rabbits, snakes, and more) • Fort Building  
Making Fairy Houses • Campfire Cooking • Pioneer Outpost • Hayride • Birds of Prey

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**Keynote Address: Music of the Plateau: Ranger Bob Fulcher**  
**(11:00-11:45a Sat)** Limit 60.

Bob Fulcher, manager of Cumberland Trail State Park and a nationally acclaimed storyteller and folklorist, will give the Keynote presentation on the music of the Plateau. "Our music carries deep traditions, streams of exotic music, and wild personal innovation," he explains. "Fiddles, banjos, and lyrics tell stories both new and very old." Fulcher will present histories, images, and recordings of the music from Grundy County to Fentress County from over 40 years of collection. Founder of the TN State Parks Folklife Project, he has spent decades preserving the stories and music of the Cumberland area and training others throughout the park system. In 2019, he was honored at the White House as a recipient of the National Heritage Fellowship, the nation's highest honor in folk and traditional arts.

Fulcher, from Chattanooga, is host of the weekly "Cumberland Trail Radio Show," articulating the deep connection between the physical landscape and our cultural practices. A sought-after speaker, he has done presentations for the Library of Congress, Smithsonian Institution, National Folk Festival and National Park Service.

**Workshop: Nature Journaling: Laura Blackman and Deb Tucker**  
*(11:00-11:45a Sat) Limit 15.*

A workshop by local artists and nature journalists Laura Blackman and Deb Tucker on the joys and fulfillment in recording observations of the natural world. This workshop will highlight the early nature journaling movement, give examples of nature journals, and offer hands-on activity for starting a nature journal.

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**11:30 am -1:00 pm Saturday**  
**Lunch Cookout at the DuBose Pavilion**  
**(included with your All Access Pass!)**

Great grilled food. Hamburgers/Hot Dogs and sides. Adult and child prices.

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**•FREE• During lunch:**  
**Sun Viewing at the DuBose Pavilion**

Dr. Richard Clements will set up a solar scope that allows close up views of the sun!

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**Hike: Sewanee Natural Bridge: Holly Taylor**  
*(12:00-2:00p Sat) 0.4 mi Easy Limit 12.*

Join Holly, Assistant Tennessee State Naturalist, as she leads this interesting trip to learn about and explore a natural stone bridge that illustrates the geological processes that form so much of this terrain. You will enjoy the great views from the bluff and may see beautiful spring wildflowers. This is a very short and easy hike, but also offers some climbing if you want to explore the floor under the bridge.

**Presentation: Tennessee Wildflowers: Randy Hedgepath**  
*(1:00-1:45p Sat) Limit 60.*

Enjoy the wealth of knowledge, wit and wisdom of Tennessee's favorite ranger, Randy Hedgepath. Join Tennessee's State Naturalist for a talk and slide show about the amazing wildflowers of this area. Randy, who has been our State Naturalist since 2007, is one of the most sought after interpretive specialists in the southeastern United States, and he has been a part of 15 *Trails and Trilliums!*

**Workshop: Watercolor Your Monogram: Lendon Noe**  
*(1:00-1:45p Sat) Limit 5.*

Well-known artist Lendon Noe, retired professor of art from Lambuth University and a popular presenter, will demonstrate how to create a simple floral watercolor of initials. She will then guide you as you paint your own monogram. No experience necessary. Easy and fun! Lendon will have all the necessary supplies.

**Hike: Fiery Gizzard Day Loop: Eric Burnett and David Matherly**  
*(1:30-4:30p Sat) 3.7 mi Moderate Limit 12.*

Eric and David, currently enrolled in the Tennessee Naturalist Program, are avid outdoorsmen and active in using GPS to enrich hiker experiences. The fabled Fiery Gizzard trail offers some of the most spectacular scenery in the Park. You will pass the remains of a CCC camp, several waterfalls and swimming holes, and hemlocks estimated at 400 years old. Hikers can learn to use the GPS app, Avenza, used by TN State Parks. Download the free Avenza app to your smartphone, buy the Tennessee State Parks Fiery Gizzard GPS map for 0.99, and Eric and David will explain how to use it. This is also a great hike for those who want to hike tech-free.

**Wildflower Hike: Turkey Hollow: Yolande Gottfried and Mary Davis**  
**(2:00-4:00p Sat)** 1.0 mi *Moderate* Limit 12.

The Turkey Hollow Trail is a moderate hike along and under the New Hope Bluff at St. Mary's Sewanee that offers beautiful overlooks and over 20 varieties of native wildflowers. Yolande Gottfried is assistant curator at the Sewanee Herbarium and is a noted wildflower expert. Mary Davis is an experienced hiker and wildflower enthusiast. Thanks to St. Mary's Sewanee, home to the Ayres Center for Spiritual Development, for allowing us to enjoy their trail!

**Video/Presentation: Following in Mack's Prichard's Tracks**  
**(2:00-2:45p Sat)** Limit: 50

*The Contributions of Tennessee's First State Naturalist Mack Prichard Live On!* View the premier of a video about the life of Mack Prichard, one of the state's most ardent conservationists. Author Mary Priestley will talk about Mack's life and introduce the documentary, which was produced by FSC board member Rick Dreves for the Friends of South Cumberland.

**Presentation: Flower Arrangements and Centerpieces: Creating Year-round with Treasures from Your Home, Garden and Woods:**  
**Eunice Colmore (2:00-2:45p Sat)** Limit: 25.

Eunice Colmore of Columbia, TN, has been arranging flowers for church and special events for decades. Attending a Sheila MacQueen flower arranging seminar in England in the 90s gave her arrangements a new direction. Eunice will talk about and demonstrate examples of the MacQueen philosophy: creating lovely arrangements using what you have in your garden and woods through every season of the year, drawing on a wide range of materials as well as the whole colorful spectrum of wild and garden flowers.

**Workshop: Watercolor Your Monogram: Lendon Noe**  
**(2:00-2:45p Sat)** Limit 5.

Well-known artist Lendon Noe, retired professor of art from Lambuth University and a popular presenter, will demonstrate how to create a simple floral watercolor of initials. She will then guide you as you paint your own monogram. No experience necessary. Easy and fun! Lendon will have all the necessary supplies.

**Hike: Deer Lick Falls Waterfall: Jeff Stewart**  
**(2:15-4:30p Sat)** 1.2 mi *Moderate/Difficult* Limit 12.

Join Jeff Stewart, a Certified Tennessee Naturalist, to explore Deer Lick Falls, a well known landmark with a beautiful 100-foot waterfall and a great array of wildflowers. The hike is a 0.6-mile round-trip to the base of the falls where wildflowers can be explored. The trail drops almost 200 feet into the gorge. There are steps, but it is steep and slippery. Hiking poles are advised. The waterfall is now on the property of the Retreat at Deer Lick Falls, middle Tennessee's first Tiny Home community. Thanks to the owners for allowing us access to the falls. You can get information about the Resort and see a Tiny Home, if you like.

**Hike: Deer Lick Nature Trail: Jim Poteet, Kerry Blohm**  
**(2:15-4:30p Sat)** 1.0 mi *Easy* Limit 12.

Jim, a certified Tennessee Naturalist, will take you on a newly constructed 1-mile nature trail that follows Dry Creek above the falls through a beautiful hemlock grove. The trail is on the property of the Retreat at Deer Lick Falls, middle Tennessee's first Tiny Home community, and Kerry has a home there. Thanks to the owners for allowing us access to this lovely trail. You can also get information about the Resort and see a Tiny Home while you are there. Family friendly.

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**2:30 -3:30 pm Saturday**  
**Birds of Prey program at the DuBose Pavilion**  
**•FREE• and open to all**

Birds of Prey are known for their hooked beaks, sharp talons, and keen eyesight. Join Park Rangers from Cumberland Mountain State Park for a fascinating program on raptors (this group includes eagles, hawks/falcons, owls, and vultures).

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**Hike: Tour the Restored CCC Camp at Fiery Gizzard: Rob Moreland**  
**(2:30-4:45p Sat) 1.3 mi Easy Limit 12.**

Travel in time back to the mid-1930s to learn about the lives and contributions of the "CCC Boys." The Civilian Conservation Camp Interpretive Area was a 2018 project of the Friends of South Cumberland. This easy 1.2-mile round trip walk has little elevation change. Friends historian Rob Moreland, who was a principal for the CCC project, will add many interesting details. Family friendly.

**Panel Discussion: "Would You Like to be a Tennessee Naturalist?"**  
**(3:00-3:45p Sat) Limit 25. •FREE•**

A panel of graduates from the Friends of South Cumberland's Tennessee Naturalist course will discuss the program. Ask questions. Learn details. The September-to-May course (limited to 25) meets monthly on Saturdays in the Monteagle/Sewanee area. This statewide education training course focuses on geology, flora, wildlife, and similar topics. Over half of the instruction is in the field. Graduates join a corps of volunteers who provide education and service. More info can be found on the Friends website at: [FriendsOfSouthCumberland.org/tn-naturalist-program](http://FriendsOfSouthCumberland.org/tn-naturalist-program).

**Workshop: Watercolor Your Monogram: Lendon Noe**  
**(3:00-3:45p Sat) Limit 5.**

Well-known artist Lendon Noe, retired professor of art from Lambuth University and a popular presenter, will demonstrate how to create a simple floral watercolor of initials. She will then guide you as you paint your own monogram. No experience necessary. Easy and fun! Lendon will have all the necessary supplies.

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**6:30 pm Saturday - 8:30 am Sunday**  
**Saturday Night Family Fun Campout at DuBose**  
Includes camping spot and breakfast Sunday morning at DuBose.  
**You must pre-register for camping, here.** \$50 per Family.

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**Presentation: Saturday Night Stargazing: Richard and Heather Clements**  
**(6:30-8:30p Sat) Limit 16.**

Experience the night sky in a whole new way using telescopes to peer into deep space and observe double stars, star clusters, and nebulae. The Clements are professors at Chattanooga State and avid amateur astronomers with the Barnard Astronomical Society of Chattanooga. Richard Clements has taught several courses for the Tennessee Naturalist Program. Meet at DuBose to caravan/carpool to the site. We will be star gazing in a meadow so you are welcome to bring a folding chair or cushion to sit on. Family friendly.

## SUNDAY APRIL 19

**Hike: Early Birding on the Meadow Trail: Angus Pritchard**  
(7:00-9:15a Sun) 1.3 mi *Easy* Limit 12.

Angus, a Sewanee student and avid birder, has tallied around 350 species. Mid-April is one of the most exciting times of year to go birding since you have the chance to see and hear dozens of songbird species that are migrating to their breeding grounds. Angus will lead the group on a short loop walk along the Meadow Trail at the State Park Visitor Center. If you have binoculars, bring them. If you'd like to download an app, Merlin Bird ID from Cornell is a good one. If you have a bird book, bring that and Angus can help you make the most of it.

**Hike: Big Creek Gulf Trek: State Naturalist Randy Hedgepath**  
(8:00a-4:00p Sun) 8.0 mi *Strenuous* Limit 12.

Join Randy and journey to the Stone Door Ranger Station in Beersheba Springs to experience a grand hiking adventure. Starting at Stone Door Overlook, the hike descends into Big Creek Gulf for springs, waterfalls, and a carpet of wildflowers. This is an 8-mile hike that will take all day, so bring lunch and plenty of water. Randy is one of the most sought-after interpretive naturalists in the Southeast, so spending a day with him on the trail will be a day to treasure.

**Wildflower Hike: Collins Gulf Adventure: Mary Priestley**  
(8:30a-3:00p Sun) 5.0 mi *Strenuous* Limit 12.

Join Mary Priestley, who never misses the spring wildflower show in Collins Gulf, for an unforgettable experience. Bring your lunch for an all-day hike that will take you past an incredible array of wildflowers and through beautiful scenery. It is a strenuous 5-mile hike with several hundred feet of elevation change. This section of the South Cumberland State Park rivals Shakerag Hollow for the numbers and diversity of spring wildflowers and includes spectacular waterfalls and bluffs. Mary is curator of the Sewanee Herbarium and author of *Sewanee Wildflowers in Watercolor*.

**Hike: Grundy Lakes Nature Photography: Deb Morgan, Jay Walker**  
(8:45a-12:15p Sun) 2.0 mi *Easy* Limit 8.

Join award-winning photographer Deb Morgan and top nature photographer Jay Walker, host of the local TV show "Tennessee Trails with Jay Walker" at beautiful Grundy Lakes. You will be treated to an easy hike in a picturesque setting, with a variety of photographic opportunities, including water, wildlife and wildflowers. Deb and Jay will be demonstrating valuable techniques for taking amazing photos from your smartphone! The focus will be on composition, unusual subjects, light, and how to use editing apps for that final magic touch. This trek is geared for the amateur photographer wanting to learn how to think outside the box to achieve professional quality photos with a phone. In case of rain, Deb and Jay will give an indoor workshop at DuBose.

**Hike: Lost Cove Cave: Brian Miller and Matthew Niemiller**  
(9:00a-3:00p Sun) 4.0 mi *Moderate/Difficult* Limit 12.

Lost Cove Cave (aka Buggy Top) is one of the true wonders of the South Cumberland State Park. Hike through woods filled with wildflowers to a huge cave that has a creek running through it! Explore two cave entrances and enjoy amazing overlooks. Matthew Niemiller, a professor of ecology at The University of Alabama (H), and Brian Miller, a biology professor at MTSU, offer this moderate-difficult hike with several hundred feet of elevation change. Niemiller and Miller are co-authors of two books on the reptiles and amphibians of Tennessee, and this hike will highlight the incredible diversity of salamanders, snakes, and other amphibians and reptiles found in the Carter State Natural Area. Bring lunch, water and a flashlight.

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**10:00 am - 1:00 pm Sunday**  
**Trails & Trilliums HQ & Registration Open at the DuBose Center**  
**Native Plant Sale, Vendors and Music at the DuBose Pavilion**

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**10:00 am - 12:00 noon Sunday**  
**Full Brunch in the DuBose Dining Hall**  
*Open to all. No pre-registration needed. Pay at the door.*

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**Brunch/Presentation/Hike: "Hike Em All" Challenge Kickoff Brunch & Hike**  
**(10:00a-1:00p Sun)** *Hike: Moderate Limit 60.*

Have brunch in the DuBose Dining Hall with Lucy Singer and others who are coordinating the 2020 Hike Challenge for the Friends of South Cumberland. While you dine, you'll learn about the 12 hikes that make up this year's challenge, meet the hike leaders and other participants, and ask questions. At 10:45, hikers will carpool/caravan to Grundy Forest and gather at the pavilion. Hikers will depart in small groups, each with a leader, to hike the Grundy Forest Day Loop. The 2-mile, moderate trek along the fabled Fiery Gizzard creek offers some spectacular scenery — waterfalls, swimming holes and hemlocks. Participants will pay for brunch at the door. If you can't make the Kickoff Brunch, join the hikers who will carpool/caravan to Grundy Forest. You will hike in groups of 12, each with a capable leader, along the Grundy Forest Day Loop.

**Presentation: Bats of Tennessee: Dustin Thames**  
**(10:00-10:45a Sun)** *Limit 20.*

*Bats of Tennessee are perhaps the most misunderstood, threatened yet beneficial animals.* Dustin Thames, chair of the Tennessee Bat Working Group and Regional Wildlife Diversity Survey Coordinator for Tennessee Wildlife Resources Agency, is an authority on bats. Dustin will discuss many of the myths associated with bats as well as the benefits, threats, and conservation of bats in our state.

**Workshop: Watercolor Your Monogram: Lendon Noe**  
**(10:00-10:45a Sun)** *Limit 5.*

Well-known artist Lendon Noe, retired professor of art from Lambuth University and a popular presenter, will demonstrate how to create a simple floral watercolor of initials. She will then guide you as you paint your own monogram. No experience necessary. Easy and fun! Lendon will have all the necessary supplies.

**Presentation: Deer Resistant Gardening: June Mays**  
**(11:00-11:45a Sun)** *Limit 25.*

Garden designer June Mays will present her tried-and-true tips for keeping destructive deer out of your garden, one of the perennial problems for area gardeners. She'll discuss which plants deer are likely to leave alone and answer all your deer-related questions. Since 2009, June Mays has enjoyed a second career as a garden designer, writer, and lecturer. After a year studying garden design at the English Gardening School in London, she has designed or consulted on over 100 gardens. She is a favorite presenter to garden clubs, master gardener groups and outdoor events throughout the U.S. and has written for *Fine Gardening*, *Southern Accents*, *Flower*, *The American Gardener*, and more. June lives in Birmingham with a second home in Sewanee.

**Workshop: Watercolor Your Monogram: Lendon Noe**  
*(11:00-11:45a Sun) Limit 5.*

Well-known artist Lendon Noe, retired professor of art from Lambuth University and a popular presenter, will demonstrate how to create a simple floral watercolor of initials. She will then guide you as you paint your own monogram. No experience necessary. Easy and fun! Lendon will have all the necessary supplies.

**Presentation: Wildlife Diversity in Tennessee: Dustin Thames**  
*(12:00-12:45p Sun) Limit 20.*

Enjoy a slide presentation and talk by Tennessee Wildlife Resources Agency's Wildlife Diversity Survey Coordinator, Dustin Thames. His program will celebrate the remarkable diversity of Tennessee. Threats to biodiversity will be discussed along with projects that are being conducted by the TWRA to protect threatened species in the state.

**Workshop: Edible and Medicinal Plants Workshop: Emily Heid**  
*(12:30-2:00p Sun) Limit 25.*

Join Emily Heid to learn about interesting plants of this area. She will bring samples of local edible and medicinal plants to ID while discussing their historic and modern uses. You will also learn how to make root beer from local sassafras roots. And have a root beer tasting! Emily is a South Cumberland Plateau AmeriCorps VISTA worker with a keen interest in gardening and the flora of this area.

**Wildflower Hike: Turkey Hollow Wildflowers: Marietta Poteet**  
*(12:30-2:30p Sun) 1.0 mi Moderate Limit 12.*

Marietta Poteet, FSC board member and Certified Tennessee Naturalist, is a veteran hike leader who is versed in wildflowers. The Turkey Hollow Trail is a 45-minute moderate hike along the New Hope Bluff at St. Mary's Sewanee that offers beautiful vista views and an assortment of native wildflowers. More than twenty different spring wildflowers have been spotted along this trail. Thanks to St. Mary's Sewanee, home to the Ayres Center for Spiritual Development, for allowing us to enjoy their land!

**Hike: The King Farm: a Historic Place on the Plateau: Jon Evans**  
*(1:00-5:00p Sun) 1.0 mi Moderate Limit 12.*

Few get to experience the historic King Farm site, located in a remote corner of the 13,000-acre campus of the University of the South. Dr. Evans, a Sewanee biology professor, has arranged access to this research area. This 3-hour walking tour includes a mile of relatively easy walking, but some portions are off-trail. You will examine the subtle clues in the landscape (historical artifacts, plant composition, tree architecture, soil features, etc.) that provide insight into the many ways this piece of land has been used over the last 200 years. This remote tract of forest was once the site of Sewanee's first homestead, a major stagecoach hotel, a large working farm during the depression and finally a pine plantation.